

## "KIDS NEED TO KNOW" IS A FAMILY-BASED SEXUALITY EDUCATION COURSE

The family is the logical sexuality education source for young people. We believe that parents/guardians need and want to be involved in the sexuality education of their children, but often do not know what or how to teach them.

## HELPING PARENTS/GUARDIANS TO BE SEX EDUCATORS

The Lawrence-Douglas County Health Department's Family-Based Sexuality Education Course assists parents and guardians in their efforts to be the primary sexuality educators for their children. A parent or legal guardian attends each class with the child. The course goal is to facilitate family communication on the subject of sexuality.

## MORE THAN JUST THE "FACTS OF LIFE"

Structured group activities encourage sharing of the parent's and youth's feelings and beliefs about sexuality. Exploring this essential aspect of sexuality is the special privilege of the family and provides the background against which the "facts" of sexuality can be applied.

## COURSE STRUCTURE

### Parents' Night:

All courses begin with a "parents only" night during which curriculum and materials are discussed and any questions are answered.

### Weekly Sessions:

After Parents' Night, the courses continue with weekly parent-child sessions for four more weeks. One parent accompanies the child to each class, which is approximately two hours in length.

Reproductive body parts and purposes, puberty, pregnancy, childbirth and sexually transmitted diseases are discussed. Decision-making skills are emphasized.

Videos, games and other interactive activities help make the classes fun and interesting.

## QUESTIONS?

For more information, call or email:

Sue McDanel  
(785) 843-3060  
[fbsinfo@ldchealth.org](mailto:fbsinfo@ldchealth.org)

[www.ldchealth.org](http://www.ldchealth.org)

## COURSE FEE

\$50 per parent-youth pair for the five-session series

## COURSE SIZE

Minimum enrollment = 12 families  
Maximum enrollment = 15 families

The Health Department is an equal opportunity agency, which provides services without regard to race, color, religion, ancestry, national origin, sex, age or disability.

## REGISTRATION FORM

Child's Name \_\_\_\_\_

Co-ed class starting March 30, 2017.

Registrations **must** be received by Tuesday, **March 28, 2017**.

Groups able to guarantee a minimum enrollment can contact the Health Department to arrange a class.

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Gender (circle one)

Male                  Female                  Other

Please enclose fee of \$50 payable to **Health Department**.

Mail to: Health Department  
200 Maine, Suite B  
Lawrence, KS 66044-1357

Date received \_\_\_\_\_

### How did you learn about this course?

- \_\_\_ From another parent
- \_\_\_ Flier at school
- \_\_\_ Flier at the library
- \_\_\_ Through PTA/PTO
- \_\_\_ Newspaper (please specify) \_\_\_\_\_
- \_\_\_ Health Department website
- \_\_\_ Other (please specify) \_\_\_\_\_

## SPECIFIC COURSE INFORMATION

New class sessions open!

Co-ed course:  
Thursdays, March 30-April 27  
7 p.m.-9 p.m.

Registrations **must** be received by  
**Tuesday, March 28, 2017.**  
Groups interested in arranging a class  
session can contact the Health Department.

\*First session is for parents only.  
**Time:** 7 p.m. to 9 p.m.  
**Place:** Community Health Facility  
200 Maine St. — 2<sup>nd</sup> floor

To **enroll**, mail registration form and  
\$50 fee to the Health Department.

## COMMENTS FROM PAST COURSE PARTICIPANTS

"I was more comfortable than I thought  
I would be."

"It has helped open doors of  
communication about a difficult  
subject." (parent)

"It has made me think a little more  
about what I want – and deserve – out  
of a relationship."

"I'm a little more normal than I  
thought."

"Supplied facts in an understandable  
manner." (parent)

"I found out I didn't know it all."

"Made me more comfortable talking  
with my parents about sex."

"We had fun."

"This class was very useful to learn more  
about your body, decisions to make in  
the future, and how to make them."

# Family-Based Sexuality Education For 5<sup>th</sup> and 6<sup>th</sup> graders

Spring 2017



Offered by

 LAWRENCE-DOUGLAS COUNTY  
**Health Department**  
www.ldchealth.org