

"KIDS NEED TO KNOW" IS A FAMILY-BASED SEXUALITY EDUCATION COURSE

The family is the logical sexuality education source for young people. We believe that parents/guardians need and want to be involved in the sexuality education of their children, but often do not know what or how to teach them.

HELPING PARENTS/GUARDIANS TO BE SEX EDUCATORS

The Lawrence-Douglas County Health Department's Family-Based Sexuality Education Course assists parents and guardians in their efforts to be the primary sexuality educators for their children. A parent or legal guardian attends each class with the child. The course goal is to facilitate family communication on the subject of sexuality.

MORE THAN JUST THE "FACTS OF LIFE"

Structured group activities encourage sharing of the parent's and youth's feelings and beliefs about sexuality. Exploring this essential aspect of sexuality is the special privilege of the family and provides the background against which the "facts" of sexuality can be applied.

COURSE STRUCTURE

Parents' Night:

All courses begin with a "parents only" night during which curriculum and materials are discussed and any questions are answered.

Weekly Sessions:

After Parents' Night, the courses continue with weekly parent-child sessions for four more weeks. One parent accompanies the child to each class, which is approximately two hours in length.

Reproductive body parts and purposes, puberty, pregnancy, childbirth and sexually transmitted diseases are discussed. Decision-making skills are emphasized.

Videos, games and other interactive activities help make the classes fun and interesting.

QUESTIONS?

For more information, call or email:

Sue McDanel
(785) 843-3060
fbsinfo@ldchealth.org

www.ldchealth.org

COURSE FEE

\$50 per parent-youth pair for the five-session series

COURSE SIZE

Minimum enrollment = 12 families
Maximum enrollment = 15 families

The Health Department is an equal opportunity agency, which provides services without regard to race, color, religion, ancestry, national origin, sex, age or disability.

REGISTRATION FORM

Child's Name _____

Co-ed class starting March 30, 2017.

Registrations **must** be received by Tuesday, **March 28, 2017**.

Groups able to guarantee a minimum enrollment can contact the Health Department to arrange a class.

Parent's Name _____

Address _____

Phone _____

E-mail _____

Gender (circle one)

Male Female Other

Please enclose fee of \$50 payable to **Health Department**.

Mail to: Health Department
200 Maine, Suite B
Lawrence, KS 66044-1357

Date received _____

How did you learn about this course?

- ___ From another parent
- ___ Flier at school
- ___ Flier at the library
- ___ Through PTA/PTO
- ___ Newspaper (please specify) _____
- ___ Health Department website
- ___ Other (please specify) _____

SPECIFIC COURSE INFORMATION

New class sessions open!

Co-ed course:
Thursdays, March 30-April 27
7 p.m.-9 p.m.

Registrations **must** be received by
Tuesday, March 28, 2017.
Groups interested in arranging a class
session can contact the Health Department.

*First session is for parents only.
Time: 7 p.m. to 9 p.m.
Place: Community Health Facility
200 Maine St. — 2nd floor

To **enroll**, mail registration form and
\$50 fee to the Health Department.

COMMENTS FROM PAST COURSE PARTICIPANTS

"I was more comfortable than I thought
I would be."

"It has helped open doors of
communication about a difficult
subject." (parent)

"It has made me think a little more
about what I want – and deserve – out
of a relationship."

"I'm a little more normal than I
thought."

"Supplied facts in an understandable
manner." (parent)

"I found out I didn't know it all."

"Made me more comfortable talking
with my parents about sex."

"We had fun."

"This class was very useful to learn more
about your body, decisions to make in
the future, and how to make them."

Family-Based Sexuality Education For 5th and 6th graders

Spring 2017



Offered by

 LAWRENCE-DOUGLAS COUNTY
Health Department
www.ldchealth.org