

NEWS RELEASE
FOR IMMEDIATE RELEASE
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Contact: Karrey Britt
Communications Coordinator
Office: (785) 856-7362

Citizen emergency preparedness class offered Sept. 21

(Lawrence, KS) – A disaster could strike at any moment. Are you prepared?

The Lawrence-Douglas County Health Department and the Douglas County Medical Reserve Corps are offering a citizen preparedness class from 8:30 a.m. to 4 p.m. Saturday, Sept. 21, at the Community Health Facility, 200 Maine St.

There is no cost to attend and lunch will be provided. The course is being offered in conjunction with National Preparedness Month.

The course focuses on how to develop, practice and maintain emergency plans that reflect what must be done before, during and after a disaster to protect people and their property. Also included is information about how to assemble a disaster supplies kit that contains food, water and other supplies in sufficient quantity for you and your family to survive.

“Don’t wait until disaster strikes. There are real benefits to being prepared for emergency situations. Being prepared can reduce fear, anxiety and losses that accompany disasters,” said Charlie Bryan, Community Health Planner with the Health Department.

By the end of the course, participants will be able to:

- Be informed about hazards and emergencies that may affect them and their families.
- Develop an emergency plan.
- Collect and assemble a disaster supplies kit.
- Know where to seek shelter from all types of hazards.
- Identify community warning systems and evacuation routes.
- Know what to do for specific hazards.
- Know the steps involved in recovering from disaster.

To register or for more information, contact Charlie Bryan at 856-7357 or cbryan@ldchealth.org.