

# The Infection

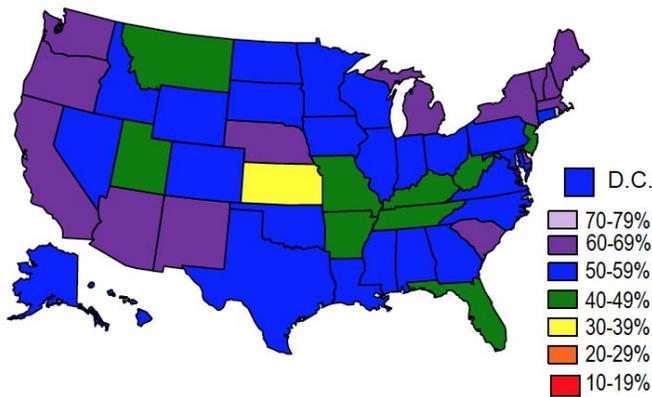
# Connection

LAWRENCE-DOUGLAS COUNTY  
Health Department

www.ldchealth.org

## Providers play key role in HPV vaccination

Estimated Vaccination Coverage with 1+ HPV among Adolescent Girls, 2013  
National Coverage = 57%



Source: CDC. National, state, and local area vaccination coverage among adolescents aged 13-17 years—United States, 2013.

Kansas has the lowest rate — 30-39 percent — in the United States when it comes to HPV vaccination among adolescent girls. The national average is 57 percent.

The Centers for Disease Control and Prevention (CDC) recommends that health care providers recommend HPV vaccination on the same day, and in the same way, they recommend Tdap and meningococcal vaccines.

Most females and males will be infected with at least one type of mucosal HPV at some point in their lives. There's an estimated 79 million Americans currently infected. HPV infection is most common in people in their teens and early 20s.

“Studies consistently show that a strong recommendation from a health care provider is the main reason parents decide to vaccinate,” said Director of Clinic Services Kim Ens, of the Lawrence-Douglas County Health Department. “They trust your opinion more than

See Providers on page 2

## Lawrence clinics collaborate to reduce hypertension

The Lawrence-Douglas County Health Department is continuing to partner with Health Care Access, Heartland Community Health Center and the Internal Medicine Group to collaborate on decreasing hypertension in Douglas County residents. Each clinic continues to look at protocols, processes and education in order to more efficiently and effectively screen, refer and treat individuals with pre-hypertension, stage 1 and 2 hypertension.

The Million Hearts Initiative was launched in September 2011 to prevent 1 million heart attacks and strokes in the U.S. over the next 5 years. Health care professionals and public health workers should do what we know works:



- **Focus on the ABCs** - (Aspirin when appropriate, Blood pressure control, Cholesterol management, Smoking cessation)
- **Use Health IT** – Use electronic health records and other health IT to identify

patients who need support to improve their ABCs and then track their progress over time

See Clinics on page 2

## Douglas County Disease Report

Disease category	Disease name	Feb. 15	Mar. 15	April 15	Total
Enteric	Campylobacteriosis	0	0	1	1
	Giardia	0	1	0	1
	Salmonella	0	1	1	2
	STEC	0	1	1	2
General	Hepatitis B, chronic	2	2	1	5
	Hepatitis C	4	3	9	16
	Strep Pneumo, invasive	3	1	0	4
	Strep A, Invasive	0	3	0	3
	Hemophilus Influenza, Invasive	0	0	1	1
Vector	Lyme	1	0	1	2
	Tularemia	0	0	1	1
Vaccine-preventable diseases	Pertussis	1	0	0	1
	Varicella	1	0	0	1
STDs (tested at HD only)	Chlamydia	10	2	6	18
	Gonorrhea	0	3	5	8
	Syphilis	2	2	6	10

This report includes the number of cases investigated by the Lawrence-Douglas County Health Department. Case classifications include: Confirmed, probable and suspect.

## Clinics collaborate to reduce hypertension in Douglas County

Continued from page 1

• **Use team-based care** – Use everyone who interacts with patients to the top of their skills and license, self-measured blood pressure monitoring with clinical support, and reward and recognize excellence in the ABCs.



Because of the Million Hearts Initiative, staff at the Health Department began collecting data about clients that fall into the three categories (pre-hypertension, stage 1 and 2 hypertension). Director of Clinic Services Kim Ens said, “We were surprised at how many of our clients fell into the pre-hypertension category, and most of our clients are under 35 years old. We are now doing a better job of educating our clients about how smoking, hypertension, and increased weight puts their health at risk.”

For further information about Million Hearts visit: [www.millionhearts.hhs.gov](http://www.millionhearts.hhs.gov).

## Providers play crucial role in HPV immunization rate

Continued from page 1

anyone else’s when it comes to vaccinations.”

The new recommendations from the Advisory Committee on Immunization Practices are:

- Routine vaccination at age 11 or 12 years
- Vaccination recommended through age 26 for females and through age 21 for males not previously vaccinated
- Vaccination recommended for men through age 26 who have sex with men (MSM) or are immunocompromised (including persons HIV infected)

Here’s what each formulation protects against:

- 2vHPV, 4vHPV and 9vHPV all protect against HPV 16 and 18, types that cause about 66 percent of cervical cancers and the majority of other HPV-attributable cancers in the U.S.
- 9vHPV targets five additional cancer-causing types, which account for 15 percent of cervical cancers.
- 4vHPV and 9vHPV also protects against HPV 6 and 11, types that cause genital warts.

For more information visit: <http://www.cdc.gov/vaccines/who/teens/for-hcp-tipsheet-hpv.pdf>.

### 24-7 EPI hotline

To alert the Lawrence-Douglas County Health Department to a reportable disease after hours, please use this number:  
**785-856-7305.**

## Health Department adjusts clinic hours to increase accessibility for clients

The Lawrence-Douglas County Health Department has new clinic hours with the goal of being more accessible to the community. They are:

- **Monday** — 10 a.m.-7 p.m.
- **Tuesday** — 10 a.m.- 5 p.m.
- **Wednesday** — 10 a.m.-6 p.m.
- **Thursday** — 10 a.m.-5 p.m.
- **Friday** — 10 a.m.-5 p.m.

After receiving feedback from clients through surveys and focus groups, the Health Department adjusted its clinic hours to remain open during the lunch hour and to have extended hours a couple days of the week.

### Walk-in clinic services include:

- Immunizations
- Skin test for tuberculosis
- Birth control
- Pregnancy tests
- Free HIV testing

### Clinic services that are available by appointment include:

• **Women, Infants and Children (WIC)**, a supplemental nutrition program for pregnant and postpartum women, infants and children up to age 5 living in Douglas County who are determined to be at nutritional risk and meet income guidelines. The program provides personalized

nutrition information and support, checks to buy healthy food, a breastfeeding support program, and referrals for services.

• **Family Planning**, which may include a breast exam, pelvic exam, cervical cancer screening, pregnancy testing, birth control, testicular exams, and sexually-transmitted disease and HIV testing.

• **Well Child Exams.** Health assessments for children ages 0 to 5 without health insurance, or for children up to age 8 who are first-time Kansas school entrants and without health insurance. The exams include vision and hearing screenings, developmental evaluation, and immunizations.