



NEWS RELEASE
FOR IMMEDIATE RELEASE
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LiveWell Lawrence ‘Seeding Change’ event set for April 20

(Lawrence, KS) – LiveWell Lawrence will host a spring program from 4 p.m. to 6 p.m. Thursday, April 20, in the Meeting Hall at the Douglas County Fairgrounds, 2120 Harper St., Lawrence. The event is free and open to the public.

The event, “Seeding Change: A Community Conversation about Living Well in Douglas County,” will include brief presentations about:

- Community Health Assessment
- STAR Community Rating System
- Douglas County Food System Plan
- Horizon 2020 Community Comprehensive Plan
- Lawrence Cultural Plan
- Lawrence Parks and Recreation Master Plan
- Transportation 2040

LiveWell Lawrence is a coalition of more than 150 community members who are working together to make it easier for Douglas County residents to eat healthy foods, be physically active and live tobacco-free. The coalition is coordinated by the Lawrence-Douglas County Health Department.

LiveWell Chair Laurie Comstock said the event is an opportunity for the public to hear about community strategic plans related to health and how they coincide with the work of the coalition. “This is a great event for those already involved in the coalition and also for anyone looking for an opportunity to engage in the work of making Douglas County a great place to live, work and visit.”

Following the presentations, there will be breakout groups on a variety of interest areas and information about how to get involved. Refreshments will be provided. “LiveWell has made incredible progress the past nine years in the areas of access to healthy foods, physical activity and tobacco-free living,” Chair-Elect Elizabeth Keever said. “This is an opportunity to pave the path for the next decade of progress in Douglas County.”