

Association between social and personal characteristics, and factors contributing to health.

Douglas County, Kansas 2013-2016

Factors Contributing to Health	Social and Personal Characteristics where Higher Prevalence is More Likely							
	Income		Education		Race/Ethnicity		Gender	
	<\$35,000	≥\$35,000	High School or less	Some college or degree	Hispanic or non-white	White non-Hispanic	Male	Female
Behaviors								
Binge Drinking	1.4x more likely ↑		No significant difference in higher or lower education		No significant difference for race/ethnicity		1.8x more likely ↑	
Heavy Drinking	No significant difference in lower and upper income		No significant difference in higher or lower education		No significant difference for race/ethnicity		2.3x More likely ↑	
Current Cigarette Smoker	1.9x more likely ↑		2.3x more likely ↑		No significant difference for race/ethnicity		No significant difference for gender	
Access								
No personal doctor	2.5x more likely ↑		No significant difference in higher or lower education		1.4x more likely ↑		1.7x more likely ↑	
Could not see a doctor because of cost	3.1x more likely ↑		No significant difference in higher or lower education		No significant difference for race/ethnicity		No significant difference for gender	
No health insurance 18-64 years old	6.6x more likely ↑		2.8x more likely ↑		2.2x more likely ↑		No significant difference gender	
Outcomes								
Mental health is not good	2.4x More likely ↑		1.8x more likely ↑		No significant difference for race/ethnicity			1.7x more likely ↑
Physical Health is not good	1.8x more likely ↑		No significant difference in higher or lower education		No significant difference for race/ethnicity			1.7x more likely ↑
Fair or poor perceived health status	2.0x more likely ↑		1.8x more likely ↑		No significant difference for race/ethnicity		No significant difference for gender	
Depression	No significant difference in lower and upper income		No significant difference in higher or lower education		No significant difference for race/ethnicity			1.5x more likely ↑
Asthma	6.6x more likely ↑		No significant difference in higher or lower education		No significant difference for race/ethnicity			1.8x more likely ↑
Overweight or obese	No significant difference in lower and upper income		No significant difference in higher or lower education		No significant difference for race/ethnicity		1.3x more likely ↑	

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Data Source:

1. Kansas Department of Health and Environment, Behavioral Risk Factor Surveillance Study. 2013-2016. <http://www.kdheks.gov/brfss/>

