

Local Mental Health Resources

- **Bert Nash Center** - Community Mental Health Center
 - 785-843-9192 | bertnash.org
- **Bert Nash Mobile Response Team (MRT)** - serves clients that are experiencing a behavioral health crisis and deploys to any location in Douglas County where the crisis is occurring.
 - 785-841-2345 or 988 | 8am - 2am | 7 days a week | bertnash.org/crisis
- **DCCCA** - substance abuse prevention and treatment services
 - 785-841-4138 | dcca.org
- **Eating Disorder Hotline**
 - 888-375-7767
- **Haskell Indian Health Center** - provides behavioral health services to any federally recognized tribal member
 - 785-832-4860 | ihs.gov/oklahomacity/healthcarefacilities/haskell
- **Heartland Community Health Center** - provides whole-person care for all your physical, emotional, mental, and social needs
 - 785-841-7297 | heartlandhealth.org
- **Heartland Regional Alcohol & Drug Assessment Center (RADAC)** - substance use disorder treatment and prevention
 - 800-281-0029 | hradac.com
- **HeadQuarters Kansas/Douglas County Crisis Line** - 24/7 suicide crisis counseling
 - 785-8431-2345 or **988** or **Text 988** | hqkansas.org | kansas988.org
- **heyHQ** - peer-to-peer support line for Kansas kids 18 and under
 - 785-865-2600 | hqkansas.org
 - Thursday through Sunday 4-7pm or call/text 988 anytime
- **KU Child & Family Services Clinic** - provides mental health care to the children and families of Northeast Kansas
 - 785-864-4416 | kuclinic.ku.edu

- **KU Counseling & Psychological Services Clinic** - provides mental health services and resources to KU students
 - 785-864-2277 | caps.ku.edu
- **Línea de Vida Nacional para la Prevención del Suicidio y Crisis** - La línea 988 está disponible 24/7/365. Sus conversaciones son gratuitas y confidenciales
 - Llama o textea 988 | 988lifeline.org/es/inicio/
- **LMH Emergency Department**
 - 785-505-5000 | lmh.org/locations/hospital-campus/profile/emergency/
- **Maternal Mental Health Hotline**
 - 833-943-5746 or text 1-833-9-HELP4MOMS
- **The Trevor Project** - suicide prevention for LGBTQ+ young people
 - 866-488-7386 or Text START to 678678 | thetrevorproject.org
- **Sexual Trauma & Abuse Care Center** - providing 24/7 support to people of all ages and genders affected by sexual trauma and abuse in Douglas, Franklin, and Jefferson Counties
 - 785-843-8985 (24/7 hotline) | stacarecenter.org
- **Trans Lifeline** - providing trans peer support
 - 877-565-8860 | translifeline.org
- **Treatment and Recovery Center (TRC)** - offers behavioral health urgent care
 - 1000 W. 2nd Street, Lawrence KS, 66044
 - Walk in 24/7/365, no appointment necessary
 - 785-843-9192 | trcdgks.org
- **Veterans Crisis Line** - 24/7 confidential crisis support for Veterans and their loved ones
 - 988, then press 1, or Text 838255 to connect with a VA responder | veteranscrisisline.net
- **Willow Domestic Violence Center** - providing free and confidential services for survivors of domestic violence and human trafficking in Douglas, Franklin, and Jefferson counties in Kansas
 - 785-843-3333 (24/7 hotline) | willowdvcenter.org
- **YouthLine** - peer-to-peer crisis line for youth up to age 24
 - 877-968-8491 or Text teen2teen to 839863 | theyouthline.org