



Together, day by day, building a healthy community

Flu Shot | Adult

Definition | Percent of adults who reported not having a flu shot during the past 12 months.

Importance | Influenza can lead to pneumonia and can be dangerous for people with heart or breathing conditions. Infection with influenza can cause high fever, diarrhea and seizures in children. It is estimated that 226,000 people are hospitalized each year due to influenza and 36,000 die — mostly the elderly. The seasonal influenza vaccine can prevent serious illness and death.¹

Where are we | In 2013, 59.7% of adults in Douglas County reported not having a flu shot during the past 12 months. Douglas County had a higher percent than the state of Kansas for this year.

Health Disparities | Among adults in Douglas County in 2013:

- Those below the age of 65 were more likely to not have had a flu shot in the past 12 months.
- Men were more likely to not have had a flu shot in the past 12 months than women.

Healthy People 2020 Goal | Not available

Additional Information | The Centers for Disease Control and Prevention (CDC) recommends annual vaccinations to prevent the spread of influenza.¹

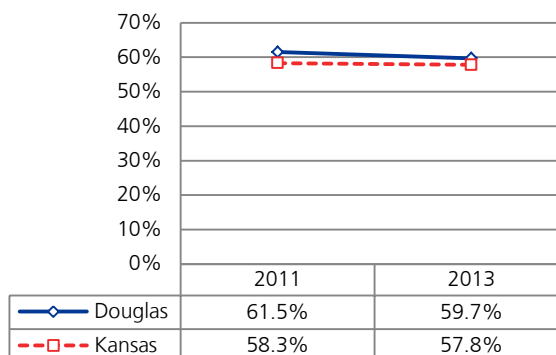
The seasonal flu vaccine is the best way to protect yourself and others from the flu. For many people, seasonal flu is a mild illness. But for some people, flu can lead to:

- Serious infections like pneumonia
- Hospitalizations
- Death

The flu spreads easily from person to person. When you get the flu shot, you don't just protect yourself, but also the people around you.²

Trend Analysis

Percent of adults who reported not having a flu shot during the past 12 months³

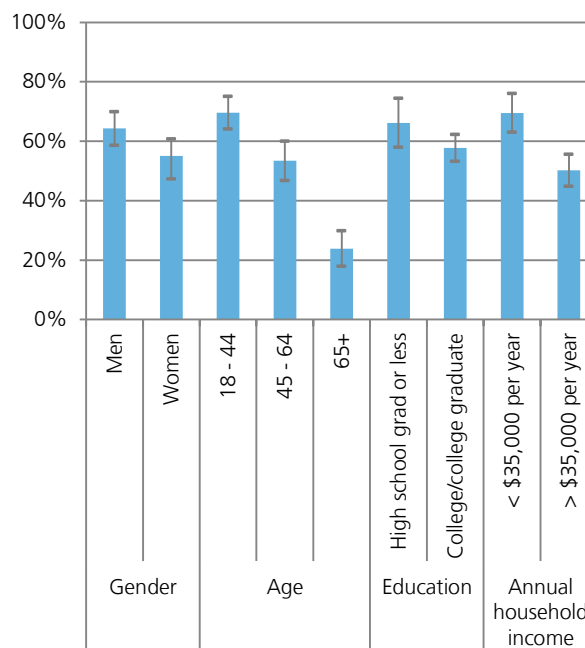


*The 2011 BRFSS data should be considered a baseline year for data analysis and is not directly comparable to previous years of BRFSS data because of changes in weighting methodology and the addition of cell phone respondents.

Disparity Analysis

Percent of adults who reported not having a flu shot during the past 12 months³

Douglas County, 2013



Data Source

¹Kansas Health Matters

²Healthfinders.gov, U.S. Department of Health and Human Services

³BRFSS, Kansas Department of Health and Environment